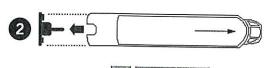


FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

EPIPEN® (EPINEPHRINE) AUTO-INJECTOR DIRECTIONS

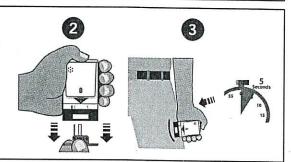
- 1. Remove the EpiPen Auto-Injector from the plastic carrying case.
- 2. Pull off the blue safety release cap.
- 3. Swing and firmly push orange tip against mid-outer thigh.
- 4. Hold for approximately 10 seconds.
- 5. Remove and massage the area for 10 seconds.





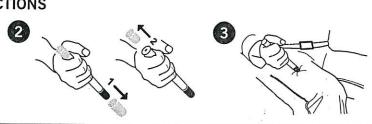
AUVI-Q™ (EPINEPHRINE INJECTION, USP) DIRECTIONS

- Remove the outer case of Auvi-Q. This will automatically activate the voice instructions.
- 2. Pull off red safety guard.
- 3. Place black end against mid-outer thigh.
- 4. Press firmly and hold for 5 seconds.
- 5. Remove from thigh.



ADRENACLICK®/ADRENACLICK® GENERIC DIRECTIONS

- 1. Remove the outer case.
- 2. Remove grey caps labeled "1" and "2".
- 3. Place red rounded tip against mid-outer thigh.
- 4. Press down hard until needle penetrates.
- 5. Hold for 10 seconds. Remove from thigh.



OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can get worse quickly.

| EMERGENCY CONTACTS — CALL 911 | | OTHER EMERGENCY CONTACTS |
|-------------------------------|--------|--------------------------|
| RESCUE SQUAD: | | NAME/RELATIONSHIP: |
| DOCTOR: | PHONE: | PHONE: |
| PARENT/GUARDIAN: | PHONE: | NAME/RELATIONSHIP: |
| | | PHONE: |

PARENT/GUARDIAN AUTHORIZATION SIGNATURE

DATE